

E Street Eyes
Dr. Jeffrey Anshel
128 West E Street
Encinitas, CA. 92024

February 17, 2020

Stephen,

Thank you for the opportunity to review your recent invention, Eye Yoga. I had a chance to charge it up and go through the eye exercise program and found it very interesting.

I especially appreciated the “smart glass” technology that allows the participant to view objects that are in the distance while still wearing the device. This coincides well with my “20/20/20” recommendation to have people relax their focusing while taking short breaks from display screen viewing.

The techniques you include are similar to the general eye exercises I recommend for people who experience eyestrain in many situations. Thus, I wholeheartedly support your product as a useful and unique way for computer users to reduce their visual stress while using display screens.

I would be glad to endorse your venture.

All the best

A handwritten signature in black ink, reading "Jeffrey Anshel, OD". The signature is fluid and cursive, with the first name "Jeffrey" being more prominent and the last name "Anshel" following it. The "OD" is written in a smaller, more formal script at the end.

Jeffrey Anshel, OD, FAAO